


IILM UNIVERSITY

PSYCHOLOGY 2026

A woman with dark hair and glasses is focused on adjusting a horizontal metal rod with a blue string attached. She is in a laboratory setting, with other lab equipment visible in the background. The image is overlaid with a semi-transparent white box containing text.

The Department of Psychology is dedicated to advancing the scientific study of human behaviour, cognition, and emotion, while nurturing the next generation of psychologists and mental health professionals. Our commitment to academic excellence, innovation, and social responsibility is reflected in our undergraduate, postgraduate, and doctoral programmes, which integrate theory, research, and practice.

Our curriculum provides a strong foundation in psychological science and offers opportunities for specialisation in areas such as clinical psychology, neuroscience, and forensic psychology. We emphasise hands-on learning through psychological assessments, lab training, internships, and community engagement. Students benefit from state-of-the-art laboratories and collaborations with hospitals, schools, and industry partners.

With a highly qualified faculty engaged in cutting-edge research, we foster a vibrant academic environment that encourages critical thinking and ethical practice. Our graduates are well-prepared for diverse careers in mental health, education, research, and corporate sectors.

The IILM Blueprint

OUR 'WHY'

Deep Purpose

To nurture **responsible leaders**, **compassionate innovators**, and **global citizens** who create inclusive, sustainable value for society. We do this by providing a **transformative, values-based learning** environment where human connection, entrepreneurial courage, and intelligent technology converge.

OUR 'WHAT'

Vision

To be India's most **innovative** university, preparing **leaders with purpose** for the opportunities of tomorrow.

OUR 'HOW'

Mission

To empower a **diverse community of learners** through **progressively** AI-integrated education, **emerging** research capabilities, and real-world experiences, fostering **innovation** and cultivating **human connection** to create **meaningful** solutions for India and **beyond**.

Mentors



Dr Sakshi Kaul
HOD
Department of Psychology
IILM University, Gurugram



Prof (Dr) Anupama Srivastava
Dean
School of Humanities and Social Sciences
IILM University, Greater Noida

Why Choose IILM University?

A Future-Ready Curriculum

Our flexible and multidisciplinary curriculum is fully aligned with the National Education Policy, 2020. We go beyond traditional teaching by integrating cutting-edge AI and technology, including:

- ▶ AI-powered psychometric assessments for comprehensive emotional and cognitive evaluations.
- ▶ Metaverse-integrated psychotherapy, provides immersive virtual environments for effective therapeutic interventions.

Global & Hands-on Experience

We believe in learning by doing. Our industry-aligned capstone projects and extensive network provide you with valuable real-world experience.

- ▶ **Internships & Externships:** Secure placements with top organisations such as Medanta, AIIMS, Deloitte, and Indigo.
- ▶ **International Exposure:** Learn from global experts through masterclasses and collaborative work shops.
- ▶ **International Collaboration:** Our formal academic collaboration with Aberystwyth University, UK, provides opportunities for global exposure.

Dynamic Learning Environment

Beyond the core curriculum, we offer specialised training to broaden your skill set and prepare you for diverse roles.

- ▶ **Specialised Skills:** Gain hands-on training in Psycho-diagnostic skills, Cyber Counselling, and Projective Techniques.
- ▶ **Software Proficiency:** Learn to use industry-standard software like SPSS and ATLAS.ti.
- ▶ **Interdisciplinary Courses:** Explore emerging fields like Psycho-nutrition, Cognitive Ergonomics, Behavioural Economics, Neuromarketing, and Neuroscience.

Campus Advantage

Located on a green, central campus, we offer a supportive environment that includes merit-based scholarships, a strong alumni network, and access to our Startup Launchpad. Our graduates are well-prepared for diverse and rewarding careers in mental health services, research, corporate HR, and academia.

Programmes Available

Gurugram

Undergraduate (four-year degree)

BA/BSc (Hons) Psychology

This undergraduate programme is a comprehensive and systematic study of human behaviour, mental processes, and emotions. As a specialised honours programme, it builds on foundational principles to provide a detailed understanding of psychological theories, research methodologies, and practical applications. The curriculum includes coursework in key areas such as developmental, cognitive, social, and abnormal psychology.

Students develop critical thinking and analytical skills, with the honours component often involving an in-depth research project or thesis. Graduates are well-equipped for further academic study or for diverse careers in fields like counselling, human resources, and social services.

BSc (Hons) Clinical Psychology (RCI Approved)

This programme provides a comprehensive exploration of the theoretical foundations, practical skills, and ethical considerations necessary for the field of clinical psychology. It is designed to equip you with the knowledge and competencies for entry-level positions in various mental health settings, as well as for further education in psychology. You will delve into core areas such as abnormal psychology, psychological assessment, counselling techniques, and psychotherapy approaches.

Specialisations for BA (Hons) Psychology & BSc (Hons) Clinical Psychology



Cognitive Psychology



Industrial Behaviour



Clinical Psychology



Counselling Psychology



Health Psychology



Social Psychology



Forensic Psychology

Programme Structure

Year 1 - Introduction to Psychology, Biological Psychology, Social Psychology, Developmental Psychology, Personality Theories, Health Psychology

Year 2 - Social and Cultural Psychology, Statistics (I & II), Abnormal Psychology, Psychological Well-being, Cognitive Psychology, Psychological Well-being

Year 3 - Counselling skills & Techniques, Advanced Cognitive Psychology, Psychopathology, Industrial Psychology, Applied Social Psychology, Fieldwork, Internship

Year 4 - Qualitative & Quantitative Methods & Techniques, CBT & REBT, Psychodiagnostics, Project, Collaborative work, Research Papers, Dissertation

Postgraduate

MA Psychology

This programme offers a broad understanding of psychological theories, research methods, and their applications. It is designed to foster critical thinking, research skills, and a nuanced understanding of human behaviour. The course equips students for careers in counselling, social services, and other fields that focus on the broader aspects of human behaviour and mental processes. The curriculum includes the latest trends in Psychology, with a special emphasis on practical training and fieldwork.

MSc Psychology

This programme is a more research-oriented study of the human brain and neuroscience. Its primary objective is to develop advanced research skills, critical analysis, and expertise in research and applications within the field of Psychology. Students are prepared for roles in research, academia, and specialised clinical settings. This programme has a stronger emphasis on the scientific and research aspects of psychology, which may involve a focus on experimental design, statistical analysis, and empirical research.

Specialisations for MA/MSc Psychology



Programme Structure

Year 1 includes: Personality, Organisational Behaviour, Emotional Intelligence, Research Methodology I & II, History of Psychology, Psychology of Cognition, Emotion and Motivation, Health Psychology, Psychological Testing and Assessment, and Psychological Wellbeing.

Year 2 includes: Counselling Skills & Techniques, Positive Psychology, Peace & Sustainability, CBT & REBT, Psychopathology, Dissertation / Project, Psychotherapeutic Interventions, and Forensic Sciences.



Programme Available

Greater Noida

Undergraduate (four-year degree)

For 2026 UG Batch, Minor Courses to be offered in Management, Sociology, Political Science, Mass Communication, History, Economics, Social Work and Family Laws, Biology, Public Policy, Data Science, Public Health, English, Foreign Language, Law, Criminology

BA (Hons) Psychology

With **specialisations** in **Organisational Behaviour** and **Sports Psychology**, this programme focuses on the social and cultural aspects of human behaviour. You will gain fundamental knowledge of psychological theories and learn how to apply these principles to solve real-world problems in your chosen specialisation. Graduates are prepared for a variety of career paths in healthcare, education, management, and research, among others.

BSc (Hons) Psychology

With **specialisations** in **Forensic Psychology**, **Health Psychology**, **Military Psychology**, and **Clinical Psychology**, this is a rigorous, science-based programme. It provides a profound understanding of the human brain and behaviour by studying the biological aspects of psychology. The curriculum integrates the latest scientific advances in psychopathology, assessment, and intervention, preparing you for a wide range of academic and professional roles. This degree meets international standards for postgraduate education and professional practice, supporting global mobility.

MA Psychology

- ▶ **Industrial & Organisational Psychology:** Learn to apply psychological principles to the workplace to improve employee performance, satisfaction, and **wellbeing**, while enhancing organisational productivity.
- ▶ **Counselling Psychology:** This programme prepares you to address the emotional, social, and psychological needs of individuals. It combines theoretical foundations with hands-on training to develop competencies in **counselling** techniques and therapeutic interventions.

MSc Psychology

- ▶ **Forensic Psychology:** Gain advanced knowledge of psychological principles as they apply to legal, investigative, and correctional contexts. The programme blends theory, research, and practical training to develop expertise in understanding criminal behaviour and working within the justice system.
- ▶ **Cognitive Neuroscience:** This interdisciplinary programme focuses on the study of the brain mechanisms that underlie mental processes such as perception, memory, and decision-making. You will combine psychology, neuroscience, and computational methods to understand how the brain enables cognition and behaviour.
- ▶ **Clinical Psychology:** Designed to develop advanced knowledge and practical skills in understanding, assessing, and treating mental health concerns. The course blends theoretical foundations with hands-on training in psychological assessment, psychotherapy, and evidence-based interventions.

Eligibility

BA (Hons) & BSc (Hons) Programmes

- ▶ **Qualification:** 10+2 or equivalent.
- ▶ **Minimum Score:** 50% aggregate from a recognised board.

MA & MSc Programmes

- ▶ **Qualification:** A relevant Bachelor's degree from a recognised university.
- ▶ **Specifics:** Bachelor's degree in Psychology may be required for some specialisations.



Greater Noida Campus

Neuro-Cognitive Lab

Our lab is equipped with high-tech equipment, including EEG machines, biofeedback systems, and cognitive testing software, to support both learning and research. Students gain hands-on experience conducting psychological assessments, behavioural experiments, and data analysis in a professional setting. The lab also houses a wide range of standardised test materials, such as intelligence scales, personality inventories, and diagnostic tools.

Students and researchers collaborate on real-world cognitive research projects, gaining insights that advance our understanding of the human mind.

Student-Led Initiatives

- ▶ **Eudaimonia Club:** Inspired by the Greek concept of human flourishing, this club is dedicated to promoting mental health awareness and wellbeing through activities like mindfulness, storytelling, and reflective art therapy. It provides a safe, inclusive space for open dialogue and emotional growth.
- ▶ **Qasid NGO Club:** A platform for students to engage in meaningful community service and social impact initiatives. Through collaborations with local and national non-profits, students gain hands-on experience organising outreach programmes, awareness campaigns, and fundraising events.
- ▶ **Aghaaz Cultural Club:** A dynamic platform for expressing talent and showcasing diverse traditions from India. It's the perfect space to explore your artistic side, embrace different cultures, and make lasting memories.



Gurugram Campus

IILM Centre for Emotional Intelligence

This centre aims to promote positive mental health and wellbeing among young adults and staff members. Our programme involves a variety of initiatives designed to enhance physical, emotional, social, and psychological dimensions of wellbeing. The programme includes:

- ▶ Advocacy for Wellbeing
- ▶ Counselling Centre
- ▶ Psychological Assessment Centre
- ▶ Health & Nutrition Psychology
- ▶ Research Initiatives & Projects
- ▶ Corporate Collaborations and Trainings
- ▶ Certificate Programmes
- ▶ Outreach
- ▶ Faculty Development

Student Well-being: A Holistic Approach

In partnership with **YourDOST**, we offer 24×7 confidential access—via web or mobile—to over 1,000 expert counsellors in 20+ languages. With over 30 lakh counselling sessions conducted, it supports students, faculty, and staff with guidance on career, confidence, grief, emotional resilience, and more—accessible anytime, anywhere, and completely anonymous.

Wevolve Psychology Club

At IILM University, the Wevolve club engages students in showcasing their talent and creativity to spread awareness about mental health. This community fosters creativity, collaborative learning, and cultural enrichment, creating a multi-dimensional approach to wellbeing on campus.



Career Opportunities

A globally benchmarked curriculum, combined with real-life projects, student research, and case studies, ensures our students are fully prepared for the professional world. Our learning approach, including discussions, debates, and expert interactions, equips you with the skills needed for successful placements.

Final Placement Facilitation in Diverse Sectors

- ▶ Hospitals
- ▶ Corporate Sector
- ▶ NGO's
- ▶ Consultancies
- ▶ Child/Youth Guidance Centres
- ▶ Training Organisations
- ▶ Welfare Organisations
- ▶ Research Establishments
- ▶ Rehabilitation Centres
- ▶ United Nations Agencies

Placements & Internships

Students from the Psychology programmes at both the Gurugram and Greater Noida campuses have gained extensive practical experience through internships with leading organisations such as Medanta, AIIMS, Max Super Speciality Hospital, Citizen Hospital, De-addiction Centre Apar Health Care, and Santulan Clinic. They have also engaged with esteemed NGOs including Earth Saviours Foundation, Soch, Rajbala Foundation, and Children's First. In addition, corporate immersion opportunities with renowned organisations like Deloitte and IndiGo provide valuable industry exposure. The programmes further enhance employability through international immersion initiatives, certified micro-credential courses, psycho-diagnostic skills training, hands-on experience with SPSS, ATLAS and Nvivo software, as well as training in cyber counselling, projective techniques, AI and Psychology, psycho-nutrition, neuroscience applications, and collaborative workshops led by experts from academia and industry across borders.



Your Journey Begins Here

IILM University Gurugram

1 Knowledge Centre, Plot No. 69-71,
Golf Course Road, Sector 53
Gurugram, Haryana-122003

General Enquiries

admissions.iilmu@iilm.edu

Programme Contacts

MBA/PGDM: +91-8065905223

UG: +91-8065905224

Engineering

Gurugram: +91-8065905221

Greater Noida: +91-8065905220

BBA: +91-8065905222

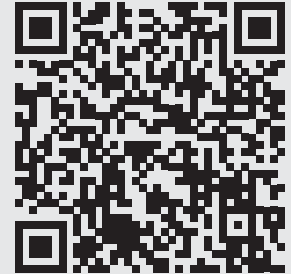
PG (Non-MBA) +91-8065905225

IILM University Greater Noida

Plot No. 16–18, Knowledge Park II,
Greater Noida, UP- 201306

General Enquiries

admissions.gn@iilm.edu



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website, take a virtual tour,
and apply online.

www.iilm.edu

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